

## The Story of a Gift of Love

Dedicated the grandchildren of Janet Mentgen, Founder of Healing Touch  
December 18, 1938 – September 15, 2005

One day God touched the heart of a nurse in Denver, Colorado named Janet. He told her He needed help to heal his people. Little did she realize God meant the people of the whole world!

Janet prayed and listened to her heart. She began to see a way to carry God's light forward.

She had been studying the work of Dr. Dolores Krieger, a nurse in New York City who taught Therapeutic Touch. After approaching Red Rock's Community College outside Denver, Janet started teaching the energy work of Therapeutic Touch thinking that is what God wanted her to do.

Soon, she knew the people wanted to learn other things about how to heal through the energy system, so Janet added work that she learned from other healers, Alice Bailey, Brugh Joy, Barbara Brennan and her own inspired interventions.

With the help of her friends at the American Holistic Nurses Association, Sharon , Myra, and Dorothy, she began to create several courses and offer them to other parts of the country, first in Gainesville, FL and then in Tennessee in 1989.

Soon Janet was joined by others who wanted to help her. The work also resonated to their hearts. So, Janet created training to teach what became known as Healing Touch.

Healing Touch began to have a life of its' own. It called out to people's hearts and brought them together, first in the USA, then in Canada. The next countries to embrace Healing Touch in an organized program was Australia and then New Zealand under the leadership of two friends, Donna and Mary Jo.

Other people either moved to other countries and then offered Healing Touch in the country, or were invited from someone in a country to bring Healing Touch there. That is how Healing Touch slowly moved throughout the world, one country at a time – Spreading Healing Light.

Nurses were joined by massage therapists, social workers, teachers, counselors, and doctors too, who took to this new way of healing through the use of the hands and heart.

Then lay people, moms and dads, brothers and sisters from all walks of life joined health care professionals in helping people heal through Healing Touch.

All at once it became clear, Healing Touch was sent by God to open hearts and offer people a way to touch each other in love and ease their pain, suffering and illnesses.

A need arose to train more practitioners and teachers, and so it was.

Soon agencies began to wonder how they could include Healing Touch in what they did. It started slowly, first one hospital, then another and soon it made its way into hospitals, clinics and homes all over the world.

Little did Janet know what God had in mind when he called her to serve? Would something she brought into form make such tremendous changes in the world?

Janet just “did the work” and told others to just “do the work.” Her words resonate still today. “Do the work.” “Do the work.” “Just do the work.” Healing Touch continues to grow and grow.

In the middle 90’s it became clear that it was time to separate from its ‘founding home, the American Holistic Nurses Association (AHNA).

At the time, there was a struggle. It seemed difficult to know how to proceed. The leaders in Healing Touch who came to help Janet follow her calling were wondering what was needed to support the growth of all those who wanted to be Healing Touch Practitioners and Teachers.

Then, through prayer and guidance once again, a new course was set. The separation between Healing Touch and AHNA was needed. In 1996, Healing Touch International (HTI) was born. HTI is an organization dedicated solely to the development of the practice and teaching of Healing Touch world wide.

The association between Healing Touch and AHNA however would always remain close, as both were dedicated to help people health holistically.

Soon a structure was put in place to ensure God’s will of service to the people of the world – a lasting Legacy of Healing Touch was to be continued under the guidance of her children, Bill Mentgen, Lisa Gordon, and Lynn Gillisepie. That is why forever, you will be able to use Healing Touch to help you grow and heal.

- As you can see, Healing Touch is “A Gift from God.”

Story told by Janet’s Friend, Mary Jo Bulbrook, Certified Healing Touch Practitioner  
& Instructor  
Co-author of the Healing Touch Notebooks for Level 1-3

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